Aims of this policy

To make clear what the School’s approach is with regard to the provision of Relationship and Sex Education (RSE) for all our pupils and the guidelines and procedures within which the School operates.

It forms part of our commitment to the whole school aims, which are:

- Fostering the full development of each member of our school.
- Seeking excellence and inspiring a love for teaching and learning.
- Encouraging individual learning and thinking, to value ourselves and to have a commitment to the care and wellbeing of others within our school.
- Maintaining and enhancing a safe and healthy environment that promotes a sense of belonging, pride and achievement.

Rationale

Relationship and Sex Education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health. Research demonstrates that good, comprehensive Relationship and Sex Education does not make young people more likely to become sexually active at a younger age.

Definition

Sex and Relationships Education (SRE) has been renamed as RSE (Relationship and Sex Education (RSE) to emphasise the relationships aspect of RSE. This was one of the key recommendations from the Commons Education Committee February 2015.
Moral and Values Framework
Woodford Green Preparatory School was established in 1932 as a Christian, non-denominational school. It is a forward-thinking, diverse and inclusive community, with children and families from different cultural backgrounds and with a wide range of faiths, including those with no faith.

The School's Relationship and Sex Education will reflect the values of the PSHE and Citizenship programme. RSE will be taught in the context of relationships and will also be part of the science curriculum. In addition, RSE will promote self-esteem, emotional health and well-being and help pupils form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community. The School uses the Jigsaw scheme of work for PSHE and teaching of RSE. This scheme covers all the requirements of the Children and Social Work Act 2017 and provides the relationships and sex education that will become statutory in all schools in England from September 2020.

Equal opportunities
The RSE programme is provided in accordance with the School's Policy for Equal Opportunities and takes due regard to the Equality Act 2010 which provides a legal framework to protect the rights of individuals and advance equality of opportunity for all.

Aims and Objectives for Relationship and Sex Education
The aim of RSE is to provide children with age appropriate information, allow them to explore attitudes and values, as well as develop skills in order to empower them to make positive decisions about their health related behaviour. This should take place with consideration of the qualities of relationships within families.

The objectives of Relationship and Sex Education are:
- To provide the knowledge and information to which all pupils are entitled.
- To raise pupils’ self-esteem and confidence, especially in their relationships with others.
- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives.
- To help pupils’ develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others.
- To help gain access to information and support.
- To develop skills for a healthier safer lifestyle.
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media.
- To respect and care for their bodies.
- To be prepared for puberty and adulthood.

Links to other policies and schemes of work
This policy links to the PSHE policy, the Safeguarding and Child Protection Policy, Anti-Bullying Policy, Behaviour Policy, Curriculum Policy, Science scheme of work and E-Safety Policy
Key Contacts:
RSE Lead: Miss N. Cunningham, PSHE Coordinator, member of SLT
Designated Safeguarding Lead, Miss J. Amini
Science Subject Leader: Mrs A. van Wyk Beer
School Nurse: Mrs C. Carter

The teaching programme for Relationship and Sex Education

As part of the National Curriculum Science programme of study

Key Stage 1
- that animals including humans, move, feed, grow, use their senses and reproduce.
- to recognise and compare the main external parts of the bodies of humans and reproduce.
- that humans and animals can reproduce offspring and these grow into adults.
- to recognise similarities and differences between themselves and others and treat others with sensitivity.

Key Stage 2
- that the life processes common to humans and other animals include nutrition, growth and reproduction.
- about the main stages of the human life cycle.

Inclusion
Every child is entitled to receive RSE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language specials needs, disadvantaged and looked after children.

It is our intention all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if required.

Teaching and Learning
RSE is delivered through science, RE, PSHE, Citizenship, literacy activities and circle time. RSE is taught by classroom teachers and, if appropriate, the school nurse or outside visitors.

A range of teaching methods which involve children’s full participation are used to teach RSE. These include use of video, discussion, looking at case studies, drama and role play.

RSE is usually delivered in mixed gender groups however, there may be occasions where single gender groups are more appropriate and relevant.

Relationship and sex education is monitored and evaluated by the Senior Leadership Team as part of the school’s development plan. As a result of this process changes will be made to the Relationship and sex education programmes as appropriate.

Parental consultation
The School informs parents when aspects of the RSE programme are taught and provides opportunities for parents to view the videos and resources being used. Parents have the right to withdraw their children from those aspects of RSE that are not part of our science curriculum. However this rarely happens, by working in partnership with parents they recognise the importance of this aspect of their child’s education. If there is a significant change to the content of the RSE programme, parents are informed of this in advance.

**Dissemination of this policy**
A copy of this policy is provided on the School’s website and can be additionally be provided on request from the school office. Copies are supplied to visitors who might be involved in providing RSE in school.

**Child Protection / Confidentiality**
Teachers need to be aware that effective RSE, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. The staff member will inform the Designated Safeguarding Lead (DSL), in line with the school’s Child Protection and Safeguarding Policy. A member of staff cannot promise confidentiality.

**Dealing with difficult questions**
Ground rules are essential to provide an agreed structure to answering sensitive or difficult questions. This framework facilitates the use of an anonymous question box as a distancing technique. Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child’s needs.

**Use of school nurse**
When appropriate, the school nurse may be involved in the delivery of RSE, particularly in Key Stage 2.

**Children with special needs**
Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of Relationship and sex education.

**Monitoring and Evaluation**
Monitoring is the responsibility of the Senior Leadership Team and the PSHE Coordinator. The school will assess the effectiveness of the aims, content and methods in promoting pupils’ learning by lesson observation, sampling teachers planning, questionnaires and feedback.